

## WFG Time schedule

	Start	Tuesday 18.05.21	Wednesday 19.05.21	Thursday 20.05.21
	10:00	10.000 m M + W	Pole Valut M / High Jump W	800 m M + W
10:00-13:00	11:00	Shut-put M / Javelin Throw W	Discus M / Hammer W	Hammer M / Discus W
	12:00	200 m M + W	400 m M + W	100/110 m hurdles M + W
	13:00	Triple jump M + W	High Jump M / Pole Valut W	Long jump M + W
13:00-17:00	13:00	3.000 m obstacle race M + W	1500 m M + W	5.000 m M + W
	14:00	Javelin Throw M, Shut-put W		
	14:30	400 m hurdles M + W	100 m M + W	
	15:30			4 x 400 m M + W
	16:00	4 x 100 m M + W		